

## Hotel Okura Kobe Health Club Terms of Use

1. Please write your name on the guest book when you check in.
2. Valuables such as cash and are to be left at the Safety Box for safekeeping.
3. The Hotel will not be responsible for any loss or theft from the lockers, dressing rooms, poolside, etc.
4. Smoking is prohibited except in the designated area.
5. Please refrain from using Club facilities after partaking of alcoholic beverages.
6. Kindly inform our attendant if you do not feel well or have unusual pains while exercising or swimming.
7. Those wearing bandages to cover skin ailments, cuts, etc. and those with contagious diseases are requested to refrain from using the swimming pool under instruction from the health authorities.
8. Children under 4 years of age are not admitted to the Club.
9. Those under 20 years of age are not allowed to use the gymnasium.
10. Use of the indoor pool for children under 4 years of age 13 years, we will always be considered as accompanied by an adult.
11. Use of those who are involved in organized, and the like and other anti-social forces will be refused.
12. Those with conspicuous tattoos(including prints) are not allowed to use Club facilities.
13. Food and beverages are not to be brought onto the Club premises.
14. Please refrain from taking photos and videos in the health club.
15. GYMNASIUM
  - a. Please wear only the training outfit and shoes designated by the Club.
  - b. We request that you undergo a brief physical check-up before exercise with the possibility you may be advised to refrain from exercise should any evidence of poor physical condition be diagnosed.
  - c. Those using exercise machine are requested to follow the attendants' instructions.
16. INDOOR SWIMMING POOL
  - a. Kindly removes all makeup, hair oil and other cosmetics before swimming.
  - b. Kindly refrain from using sun-tan oil and lotions.
  - c. Both ladies and gentlemen are required to wear swim caps.
  - d. Watches, bracelets, earrings, glasses and other accessories such as fins, snorkels,

goggles (except those for swimming matches) are not allowed in the swimming pool as they may cause injury to other swimmers.

- e. Please refrain from using swim rings or playing balls.
  - f. Eating and drinking in the swimming pool area is prohibited by the authorities.
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- 17. For safety purposes, kindly follow the instructions of the attendants at all times.
  - 18. One Harmony Members are kindly requested to present their membership cards at the reception desk.
  - 19. Massage, facial & body esthetic and swimming lessons and tennis lessons reservations are accepted at the Club front desk.

Revised in June 2023